

CREATING PIVOTAL MOMENTS



=Shaping Brighter Futures

SHAPINGBRIGHTERFUTURES.ORG



Helping Hands, Inc.

2019

Annual Newsletter

CEO'S NOTE



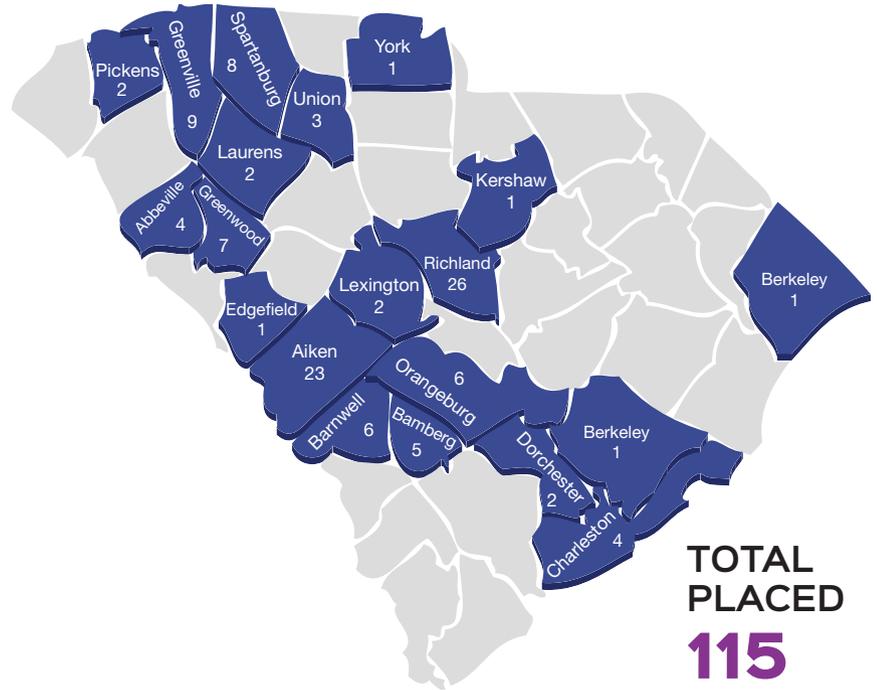
Remember the day, the person, the event, the words that caused you to change your way of thinking? Opened new possibilities for you? Scared you straight?

Certainly, we have all had moments in our lives that have brought clarity, refined our purpose, and helped us focus on our goals. Helping Hands is a place where transformation happens and

the trajectory of a child's life can shift. We live for those moments! The staff and volunteers of this agency direct, inspire, nurture, love and encourage children to overcome the tragedies in their past and look to the future with hope. We are grateful to be present when they make the decision to end the patterns of dysfunction, abuse, substance use, joblessness and poverty that may have plagued their families for generations. Sometimes they remember the impact that we have on them, but we always remember them and that it is indeed our pleasure and privilege to serve them. Their impact on us is immeasurable. Thank you Shekeriah, Ryan, Khadijah, James, Brooke, Domingo (not in this edition) and the thousands of other youth that our agency has touched! We remember you with fondness and gratitude for allowing us to be a part of the change in their lives.

Carmen Landy
Chief Executive Officer

PLACEMENT BY COUNTY



**TOTAL
PLACED**
115

FINANCES

Revenue	\$1,488,801
Expenses	-\$1,500,221
	(\$11,420)

HELPING HANDS STATS

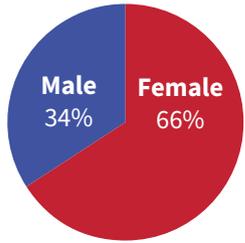
19 average children per day

32 staff members

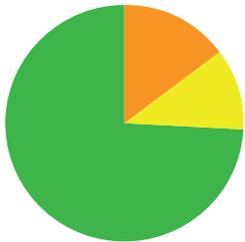
4 program areas

45 years of experience

RESIDENTIAL



Residents' Age



- Ages 0-5: 17
- Ages 6-12: 13
- Ages 13+: 85



Average days in our care



Life Skills instruction for teens (hours)



Amount spent on groceries for three meals and snacks each day



Miles traveled



Staff continuing education hours completed



Volunteers



Volunteer hours



Fiscal impact of volunteer hours



AYE Participants



Informative single session presentation participants



Number of Condoms given out at CAP Sites



Participants in Boys Council



Participants in Girls Circle



Real Care Infant Simulators area student participants

COMMUNITY EDUCATION

PERSONAL STORIES



JAMES CROSS

I was taken into custody in October 2006 due to abuse and neglect. I remember feeling sad and scared, because of not knowing what would or could happen from there. My perspective changed when I met some of the staff at Helping Hands and it changed my life from going down the wrong path to a more straight and narrow one. Carmen Landy has been there from the beginning and has continued to be there for me even after I left Helping Hands. I graduated high school and joined the U.S. Army,

later attended college and received an Associate degree in Business Management. I am a security officer for Dominion Energy and getting ready to start my own business. My goals are to start my business and buy my own house soon.



First photo: James & his family; This photo: James in his U.S. Army uniform



KHADIJAH SMITH

I was pretty much in Helping Hands for abuse, abandonment and neglect, but mainly for abuse and neglect.

I felt sad and scared at first, but then I felt relief knowing I was safe from my mother and the staff truly cared about me. The first night I was there was when the shift in feelings began to happen. All of us girls were sitting around the living room talking about why we were there and sharing our talents. I just remember singing songs with the girls and that was also really comforting.

This change was brought on not only by the staff and the girls I was around, but also the access to church. I absolutely loved how we still had the opportunity to learn more about God and my journey to getting to know a God that loves me was not hindered just because I was in care.

I am now 20 years-old and I live in Missouri. I work a full time job on salary, I am a full time college student in my junior year (studying social work), and I got married in May to a man that shows me what unconditional love is every single day.

My next goals I want to achieve is to graduate and become a social worker, buy a house with my husband, and have 10 (yes, I said 10) kids so that I can have the family traditions I did not have when I was younger.



Khadijah and her husband

PERSONAL STORIES



SHEKERIAH ABNEY

I was removed from my home due to neglect. I remember felling confused and angry.

I was upset, mad at the world when I was brought into care. I cried every single night because I wanted to be with my family. I was also disrespectful towards the staff. The day I turned 16 years old, I decided I wasn't going to do anymore crying. I got my first job, which was exciting. I worked and realized I had to be there so I may as well get with the program.

A staff member, whom I talk

to every day, helped me with my attitude and talked with me about opportunities they had. She also helped me get through that point in my life when I thought I would stay there forever.

I am currently going to school for nursing. I have my CNA and CCMA license. I am a mother of three working on buying a home.

My goal is to one day open up a living center for patients that can't do for themselves or open up a school to teach Certified Nursing Assistant.



Shekeriah's Children



RYAN HOLLAND

I was taken into care on August 3, 2006 and deemed a ward of the state after being abandoned. On August 6, 2006 I was placed at Helping Hands. I remember feeling scared but the staff and residents helped. They were all strangers when I got there but everyone began to feel like family. I later found out that I could not attend public school and was enrolled into a GED program. I remember wanting to give up and then one night Carmen Landy, Executive Director, hand delivered my GED certificate. This

was the most pivotal moment during my time at Helping Hands. Helping Hands felt like home and I knew that everyone there cared about the children there.

I learned a lot at Helping Hands; how to clean, be patient, and the importance of discipline. I enrolled in college at Claflin University and graduated in 2012 with a degree in Management. I currently work for Augusta University Medical Center in the Information Technology Department. I have been married to my wife, Amee for nine years and have two children Riley and Tobias. I also serve on the board for the Midland Valley Recreation Association.

My goal is to become a homeowner and volunteer more.



Ryan's Children

PERSONAL STORIES



BROOKE JEFFCOAT

I was taken into foster care for abuse. I can recall being sad, confused, and scared.

I was extremely sad but also relieved. No one wants to experience abuse by the ones who are supposed to love and protect them no matter what. That can break so many trust barriers.

I can remember the day my parents signed over their rights. This was probably the most pain I had ever felt. I was in my room crying and I heard Ms. Moody coming in for her shift walking down the hallway.

She came in my room held me and prayed with and for me. Who knew someone who was a stranger to me could love me unconditionally as if I was her child? She did.

Staff members that truly loved what they did at Helping Hands helped me change my perspective. Mrs. Smiley who always smiled, Ms. Moody who loved everyone no matter what, and Ms. Tonja who always encouraged me and praised my grades. I went from sharing a room with someone to having my own personal room due to my behavior and grades. I remember coming “home” and seeing that my room was remodeled! Oh my goodness, fresh towels no one has

ever used, new bed set, and I even got a pad for my bed to make it a little more comfortable. I was so happy I cried.

Also, we had a bible study volunteer and she was so sweet! She taught me how to speak to God. My biological parent did not go to church so this was all new for me. I believe even though I went through so much pain that God knew what he was doing.

During Christmas we had a biker group come and brought everyone presents and it was the coolest thing ever. Those interactions made a lot of us feel like even though we were in foster care we were not forgotten about.



Brooke at work receiving a certificate of recognition

I got the opportunity to learn to cook and do laundry — never had a washer in dryer before foster care.

I currently work for the largest credit union in the world, Navy Federal Credit

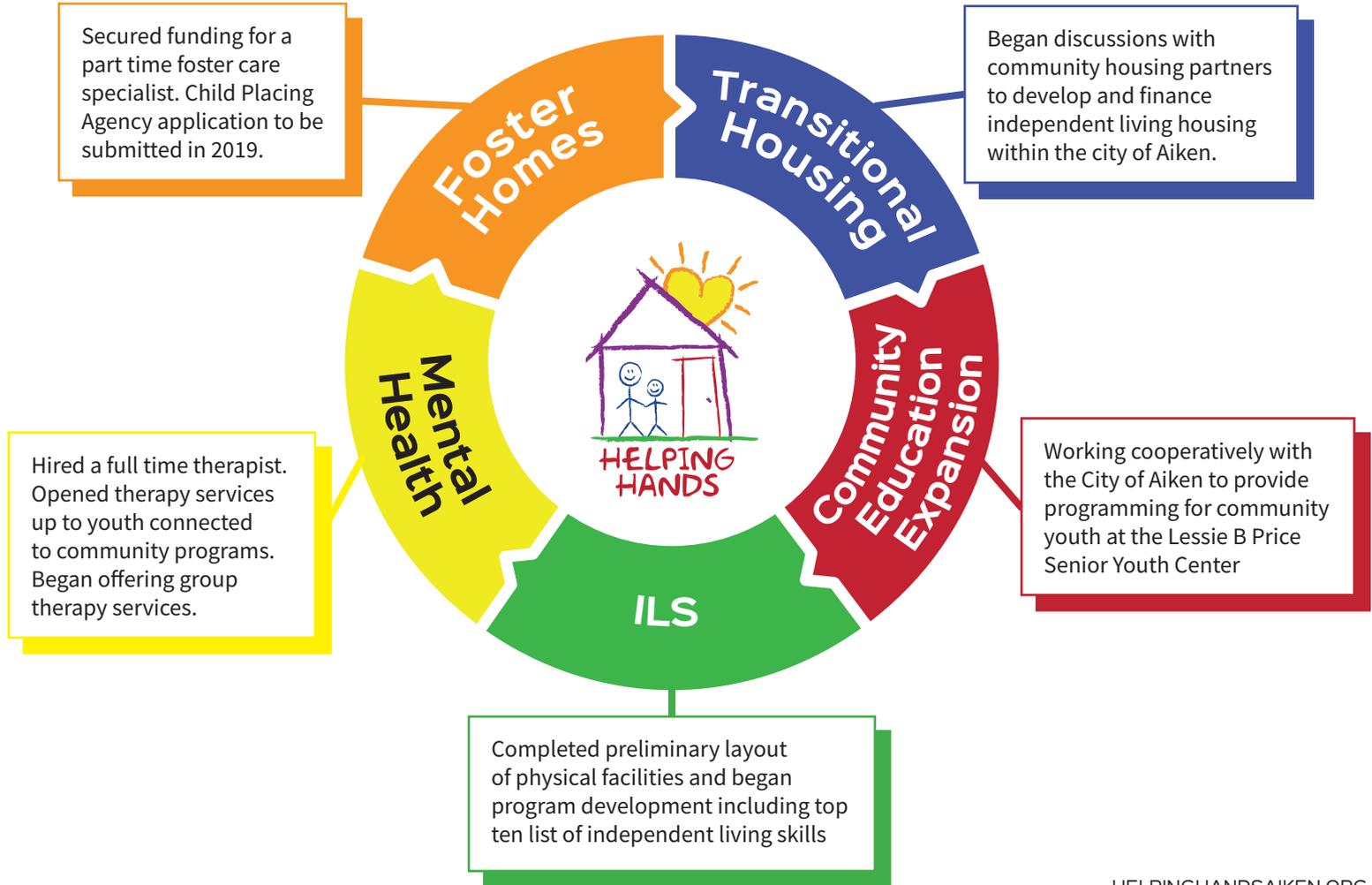


Brooke (back) at Helping Hands

Union, for 4 years now. I will be celebrating 5 years of marriage this year to my wonderful husband Ely! We have two beautiful children Grace & Ean. I recently swore into the United States Air Force to better my education and provide more for my family.

In the future, I would love to be a public speaker to children who have been abused or are placed into foster care. There are so many ways to look at the situation but staying positive has been my focus.

STRATEGIC PLAN





MON
March 30
2020

Woodside Plantation Country Club
Aiken, South Carolina
To benefit: Helping Hands and Tri-Development Center
For information, call us at (803) 648-3456



P.O. BOX 503
AIKEN, SC 29802

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERM T NO. 171
AUGUSTA, GA

17TH ANNUAL
A CHEF'S EXTRAVAGANZA
WOODSIDE PLANTATION
NOVEMBER 13, 2020

A unique night of wine and food, featuring some of the CSRA's finest chefs, an auction, and live entertainment.