

Living the Dream



GOALS



MOVING FORWARD

Visions of a Brighter Future



COLLEGE LIFE



 + **aiken youth EMPOWERMENT™**
= Shaping Brighter Futures

VROOM



Success

CEO'S NOTE



in our personal lives and at work. We have had to think outside of the box with ways to improve programming, outcomes, and services for our young people. Helping hands has continued to serve youth and families in need during this time.

It is now time to move forward and apply new and innovative ways to serve our youth. Helping Hands has an amazing team of staff and board members that continue to ensure we provide the services needed for youth in our state. However, we cannot do this without your continued help and support. We look forward to your continued community support as we continue to shape brighter futures!

Monica Jeffcoat
Chief Executive Officer

Things are changing here at Helping Hands, Inc. Carmen Landy, our wonderful previous CEO, has moved on to a new venture in her career. In doing so she has passed the torch on to me as the new CEO of this amazing agency! Having worked at Helping Hands for the past 14 years, I am excited about our future as an agency.

The pandemic has caused all of us to make adjustments both

BOARD OF DIRECTORS

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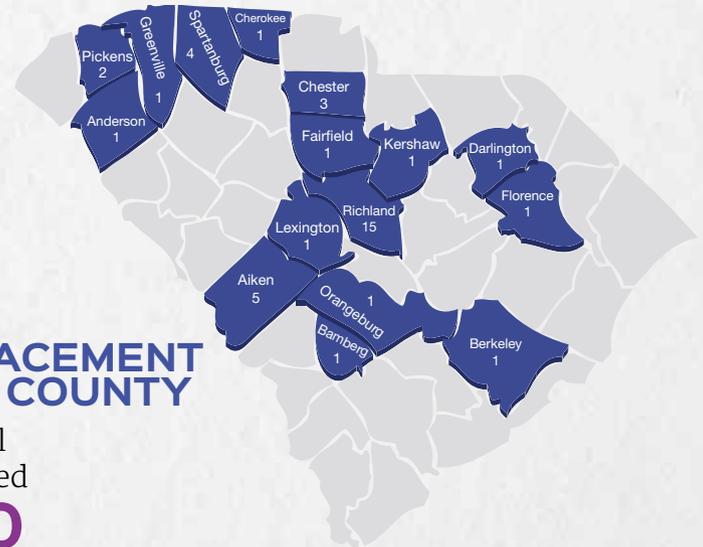
P.O. Box 503
Aiken, SC 29802

helpinghandsaiken.org



PLACEMENT BY COUNTY

Total placed
40



EDUCATION ADVOCACY



Deri Beard
Lead Tutor

When residents come to me, they often don't know what they want to do. They aren't sure what they can do. It's my goal to allow them to dream, to uncover what their hot spots are. I ask a child, "If you had three minutes to tell me everything about yourself, what would you want me to know?" From there, we discuss different paths after high school graduation. Some residents are interested in working, joining the military, or attending college.

ASSESSING RESIDENT ABILITIES

Tutoring can be a very different experience than teaching in a classroom because it is one-on-one. Sometimes it can be easier to see

a problem or difference. If there is a learning difference, it may have been going on for a long time. It is my job to get the help that our youth need. Children may come to me with an IEP or 504 plan so I know where their issues are and address them.

APPROACHES TO TUTORING

I take different approaches to teaching based on the child's strengths. Are they visual learners? Are they auditory? If one method doesn't work, I can try another. There are many different ways to explain things to children. It can take some time, but it's what I love to do. I get satisfaction in seeing these kids learn and succeed.

CONNECTING WITH THE SCHOOLS

Email is my friend. I stay in touch with most teachers who are happy to work with me for the kids. I also have access to their grades, programs, and lessons.

LEARNING SKILLS

Our residents teach me about computers all the time. I didn't grow up with computers, so the one skill that they've learned with me is patience. If I don't know how to do something, they teach me. They've also learned that they can teach somebody else a skill that they have.

TAKING THE NEXT STEPS

When we have a student who's ready to look at colleges, we do the research and look at their options. Like any other junior or senior in high school, our residents do college tours and events. When they have chosen a college, we help them complete their application and apply for financial aid.

RESIDENT'S POINT OF VIEW

Yesenia F. is currently going to Aiken Technical College to pursue an Associates Degree in Early Childhood Education. With our help, we were able to get her transcripts transferred from Mexico. Her goal is to one day return to Mexico and teach young children.



Yesenia tours the Aiken Technical College campus



From left to right: A resident talks with a military recruitment officer. A resident shows off her high school diploma. A resident touring a college campus.

INDEPENDENT LIVING SKILLS



Monica Jeffcoat
Chief Executive Officer

Independent Living Skills are an important part of our program here at Helping Hands because the young people in our care have all experienced different types of abuse and neglect. As a result of their circumstances, a couple deficiencies our youth may face include making their bed or preparing a meal. Some of our youth's reality was not having a bed to sleep in at home so how can they properly make a bed? Many times, our youth do not know how to make a nutritious meal, but how can they if there

was not enough food in the home? These are just a few examples of why teaching these skills is important in helping improve their outcomes.

It is the goal of the agency to ensure that we are able to help our youth attain and apply new skills for themselves and to share them with their families. This may seem insignificant to most, but these skills can help break the cycle of repeat abuse and neglect in some of these households.

Our clients complete an evidence based Casey Life Skills Assessment to give our staff insight on the youth's strengths and weaknesses. Some of the categories assessed include money management, healthy relationships, civic engagement, and study habits. Based on the results of the assessment, a plan is created to improve areas where the youth scored low. The youth will be reassessed and the



Bottom left photo: Victoria Bachelor, Health Educator from Clemson University SNAP Ed showing youth how to make salsa. Top photo: Kurt Mueller talks Finance 101 to youth

staff will measure areas of improvements for each youth.

As an agency, we are dedicated to helping mold our youth to become productive citizens. Learning these skills will help each youth in moving forward with their personal lives as well as those around them. As adults, we must realize that our youth will one day have their own families and hopefully the skills they have learned with us will help to shape brighter futures.

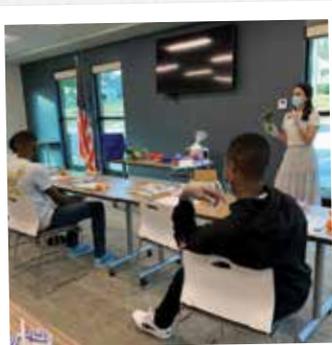
RESIDENT'S POINT OF VIEW

As a Mexican immigrant, Yesenia knew how to cook her culture's food. With the help of staff, she was able to broaden her cooking capabilities. She's also learned how to perform various household chores.



As a teen mother, she was provided opportunities to attend child birthing classes and parenting classes.

"It was so hard for me in the beginning. They (staff) showed me how to clean everything and wash my clothes. Stuff you're gonna need in the future."



CAREER READINESS PROGRAM



Tiiu Goode
Director of Community
Programming

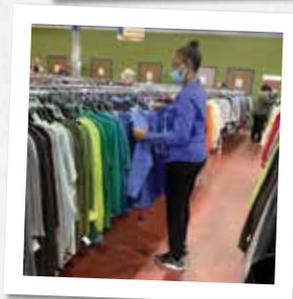
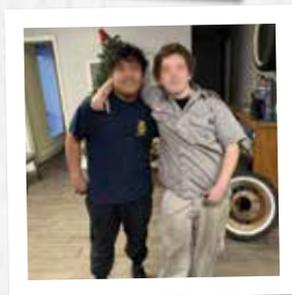
The Career Readiness program's purpose was to give a brief overview of how employment looks, and build skills, all while earning money. This program was open to youth in Aiken County, ages 14-21 that were Medicaid eligible. The youth and their parents had to complete an application, along with a brief assessment, to include career interests and future goals.

Youth were able to attend various workshops, including stress and anxiety management, job readiness, how to create a resume, and dress for success. Upon completion of the workshop



series, youth were paired with various agencies and businesses in the community. They were able to work for 6 weeks, at 20 hours per week. While there, they were able to gain skills relevant to the job in which they were doing, and with skills that are important in any job setting. The supervisors at the job sites were able to assess each youth weekly.

The Career Readiness program is very important. It prepared our youth for the working world and formed partnerships between the agencies and the employees, the youth, and Helping Hands. The program showed them firsthand how to gain and maintain employment. If placed in their career field, they were able to see what that entails and if it was something that they actually want to pursue as they get older. This opportunity allowed them to create bonds, learn new skill sets, and earn money, all at the same time.



WORK SITE FEATURE



Just Julie's
951 Pine Log Rd
Aiken, SC 29803

Spring & Summer 2022
Participant

From owner
July Mogy:
*"I hope they
go on and
take those
skills and
those work
ethics they learned here into
their future to be good, young
members of society."*



Gratitude

This year, this page is all about gratitude. Without the people who work in our agency and the people in our community, we would not be able to provide the services and programs we do. It is important to show appreciation to those who have contributed to the organization and to express how grateful we are for their help. We are incredibly thankful for all of the support we have received and are so appreciative of all that they have done to help us achieve our mission.

Helping Hands would not be able to achieve goals and support young people in their development without a team of dedicated adults who have a passion in making sure that young people have the best lives possible.



Small businesses all over our community are committing themselves to the development of our youth by giving them real life experience and allowing them to learn in real time.

Our Career Readiness Program would not be successful without this practical application. These community businesses are so important and they make our program work! We want to say thanks to these businesses 🙌

- Agape Realty
- Aiken County Public Library
- Aiken County RMC Office
- Aiken Housing Authority
- Aiken Senior and Life Center
- BITServices
- Faith Academy Child Care
- Just Julie's
- Smoothie Groove
- SPCA - Albrecht Center



We appreciate community partners who take the time out of their day to teach our youth a variety of topics and skills like healthy eating habits, healthy relationships, and money managing. People doing their part to ensure young people have knowledge going forward in their lives is so invaluable.

We are also grateful to our partners at the Aiken County Public School district, specifically Aiken Elementary, Schofield Middle School, and Aiken High School. The teachers and administrators go above and beyond to support our residents and ensure that they can continue and excel in their education despite the challenges they face.



HELPING HANDS 2021 STATS

29 staff members



788.38

Staff continuing education hours completed



158

Volunteers



424.25

Volunteer hours



\$10606.25

Fiscal impact of volunteer hours

FINANCES

Revenue **\$1,302,839**

Expenses **-\$1,318,936**

-\$16,097

RESIDENTIAL



5

Average children per day



44

Average days in our care



266.30

Life Skills instruction for teens (hours)



10,546

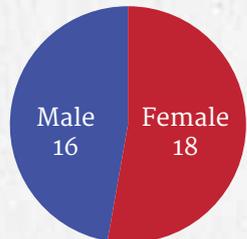
Miles traveled



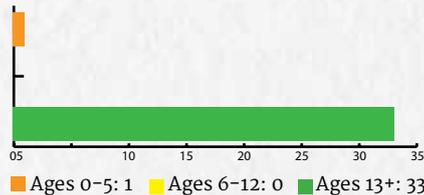
\$29,188.39

Amount spent on groceries for three meals and snacks each day

RESIDENTS' GENDER



RESIDENTS' AGE



COMMUNITY EDUCATION



365

AYE Participants



7

Participants in Boys Council



577

Informative single session presentation participants



45

Participants in Girls Circle



13

Real Care Infant Simulators area student participants



MON
March 27
2023

Woodside Plantation Country Club
Aiken, South Carolina
To benefit: Helping Hands and Tri-Development Center
For information, call us at (803) 648-3456



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20TH ANNUAL
A CHEF'S EXTRAVAGANZA
WOODSIDE PLANTATION
NOVEMBER 2023

A unique night of wine and food, featuring some of the CSRA's finest chefs, an auction, and live entertainment.